

# FOSTER & ADOPTIVE CARE COALITION FOR EVERY CHILD... A PLACE TO CALL HOME

# **Quarterly Outcomes Report for Stakeholders**

**Performance and Quality Improvement (PQI):** The Foster & Adoptive Care Coalition holds quarterly case file reviews and outcomes reviews for the programs listed in the table below during the months highlighted. A team of Coalition staff from the Administrative, Community, Program and Management Teams comes together to evaluate the quality and consistency of case records and the progress toward program outcomes for each of these programs. If you are interested in participating in the PQI process, please contact Barbara Long at <a href="mailto:barbaralong@foster-adopt.org">barbaralong@foster-adopt.org</a>.

Program Reviewed	Jan.	Feb.	March	April	Мау	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Support Groups												
30 Days to Lifelong Connections												
General Recruitment												
Family Works STEPS												
Extreme Recruitment												
30 Days to Family												
Management and Operations												
Crisis Intervention												
Educational Advocacy												

# 30 Days to Family®

Program Purpose: Find relative/kin\* homes for youth entering foster care

Number Served: 81

Number Served: 8

Outcomes for youth served between 1/1/2017 and 8/10/17
Goal: 70% of youth are placed with relatives/kin by case closure
Outcome: 55 of 68 (81%) youth with closed cases were placed with relatives/kin at case closure
Goal: 80% Children have improved relationships with their caregivers (measured with GARF* and CGAS*/PIR-
GAS*)
Outcome: E2 of E2 (98%) children with closed cases had improved relationships

Outcome: 52 of 53 (98%) children with closed cases had improved relationships

#### Comments from Outcomes Review Team:

• Services expanded to St. Charles and Jefferson Counties in 2017

#### 30 Days to Lifelong Connections

**Program Purpose:** Find natural supports for youth preparing to exit foster care

#### Outcomes for youth served between 1/1/2017 and 7/17/17

**Goal:** 70% of youth will have an increase in the number and strength of positive adult relationships, as measured by the YCS

Outcome: 4 of 4 (100%) youth with closed cases improved on the YCS\*

**Goal:** 80% Children have improved relationships with their caregivers (measured with GARF\* and CGAS\*

Outcome: 52 of 53 (98%) children with closed cases had improved relationships

Goal: 85% of youth are initially (re)connected with safe/appropriate relatives/kin for supportive relationships

Outcome: 6 of 8 (75%) youth have been (re)connected with safe/appropriate relatives/kin

#### **Comments from Outcomes Review Team:**

• Reconnections have been occurring early in the case, on average day 19.

## Educational Advocacy

Program Purpose: Help youth in foster care, or adopted from foster care, in St. Louis City and County overcome educational barriers to become successful learners Number Served: 318

Outcomes for youth served between 1/1/2016 and 9/14/17	
Goal: 90% of youth achieved their educational goal	
Outcome: 136 of 141 (96%) youth met their educational goals	
Goal: 85% of youth increase their educational functioning (CGAS* or CAFAS)	
Outcome: 92 of 123 (75%) students improved school functioning	

#### **Comments from Outcomes Review Team:**

The team decided to move back to the CGAS measurement tool, as the CAFAS was not as effective at measuring
progress in our youth.

# Extreme Recruitment®

Program Purpose: Find permanent homes for youth in foster care

Number Served: 74

	Outcomes for youth served between 1/1/2017 and 8/7/2017
Goal: 859	% of youth are initially (re)connected with safe/appropriate relatives/kin for supportive relationships
	Outcome: 11 of 18 (61%) youth ending active recruitment this year were (re)connected with safe/appropriate relatives/kin
Goal: Add	ptive/guardianship families are identified for 70% of youth*
	<b>Outcome: 17 of 18 (94%)</b> youth ending active recruitment this year were matched with a permanent adoptive/guardianship family. 31 of 46 (67%) youth served in 2017 are currently matched.
Goal: 70%	6 of youth maintain or improve functioning (CAFAS*)
	Outcome: 11 of 12 (92%) youth ending active recruitment this year maintained or improved functioning

#### **Comments from Outcomes Review Team:**

• Program timeline was modified to have Extreme Recruiters stay involved until adoption/guardianship finalization for cases in which the youth was matched with a family. This will make our numbers served per year increase, as we were previously not counting this work as part of the Extreme Recruitment case.

#### **Family Works**

Program Purpose: Prevent adoption/placement disruptions by providing 24/7 Crisis Intervention services to pre-/postadoption/guardianship and foster families Number Served: 107 youth and 63 families

Outcomes for families served between 1/1/2016 and 9/15/2016				
Goal: 90% of adopted children remained in their home; 80% of foster children remained in their home				
Outcome: 23 of 24 (96%) adopted children remained with their family; 20 of 27 (74%) foster children remained in their home				
Goal: 80% of children and families improved their family relationships (measured with GARF*)				
Outcome: 24 of 32 (75%) families improved their family relationships				
Goal: 80% of families developed self-management skills (measured with NCFAS*)				
Outcome: 24 of 32 (75%) families developed self-management skills				

# **Comments from Outcomes Review Team:**

• The Family Works program is undergoing exciting modifications to move away from behavioral interventions to trauma-focused, attachment-based treatment strategies and protocols.

# Family Works STEPS

Program Purpose: Coordinate services between multiple systems for youth ages birth to 21, in foster care who have an emotional, socio-emotional, behavioral or mental health diagnosis that is expected require multi-agency intervention for at least 1 year Number Served: 11

Joe 1 year	
Outcomes fo	r youth served between 1/1/2017 and 6/30/17
Goal: 50% of children/youth will impro	ve on measures of well-being at 12 months, as measured by an
improvement on the CAFAS from baseli	ne to 12 months
Outcome: First youth served	starting in October 2016; no data available
Goal: 50% of children/youth remain in,	or transition to and remain in, an appropriate foster home for 12 months
Outcome: First youth served	starting in October 2016; no data available

**Comments from Outcomes Review Team:** Coming into this program we thought that the systems were functioning at a higher level independently than they actually are. We anticipated the main issue was communication. However, there is a lot of lack of knowledge and information sharing WITHIN each of these systems. As a result, our work has been more of an in-depth case management role, than a project management role.

#### **General Recruitment**

Program Purpose: Help families begin the process of fostering/adopting by screening calls and referring interested families to licensing agencies Number Served: 534

Outcomes for families calling between 1/1/2017 and 7/17/17
Goal: 25% of unlicensed Missouri and Illinois inquiring families are referred for licensure
Outcome: 60 of 423 (14%) families were referred for licensure
Goal: 75% of calls are a result of a Coalition-related outreach effort
Outcome: 464 of 534 (87%) callers inquired because of a Coalition-related outreach effort

**Comments from Outcomes Review Team:** 

• Referral rate is lower than usual due to 1) viral recruitment post resulting in unprecedented number of calls and 2) higher vetting of families. We are still on track for the number of families referred for licensure (just not the percentage). We will re-examine the goal at the 2018 Outcomes-a-thon.

#### Jones Family Program

Program Purpose: Train, assess, and support prospective foster/adopt families through the licensure process and the first year of fostering. Number Served: 58

Outcomes for Support Groups between 1/1/2017 and 8/30/17
Goal: 50% of referred families become licensed
Outcome: 27 of 50 (54%) families are licensed or license ready*

**Comments from Outcomes Review Team:** 18 additional families are either currently in training, or on deck for a future training. 17 families are licensed and 10 are ready for licensure. All 17 licensed families have had at least one placement.

#### \*Definitions and Tools:

Relatives: Biological family members of youth in foster care

 $\ensuremath{\mbox{Kin}}$  : Individuals who are part of the youth's natural network, who may not be biologically related

**CGAS** (Children's Global Assessment Scale): Measurement tool that rates a youth's level of psychological, social and school functioning

**PIR-GAS** (Parent-Infant Relationship Global Assessment): Measurement tool to assess the quality of the infant-caregiver relationship, ranging from well adapted to severely impaired

**CAFAS** (Child and Adolescent Functional Assessment Scale): Assesses child functioning in 8 domains: school, home, community, behavior toward others, moods/emotions, substance use, self-harm, and thinking

GARF (Global Assessment of Relational Functioning): Assesses the functioning of a family or other ongoing relationship in the areas of problemsolving, organization, and emotional climate NCFAS (North Carolina Family Assessment Scale): Measurement tool to assess family functioning in the domains of Environment, Parental Capabilities, Family Interactions, Family Safety, and Child Well-being YCS (Youth Connections Scale): Measurement tool to assess the number and strength of adult relationships for a youth